



James "Fred" Harrington

April 12, 1955 - November 10, 2025

James "Fred" Harrington, born on April 12, 1955, passed away peacefully surrounded by his family, on November 10, 2025, at the age of 70. A beloved husband, father, grandfather, brother, and friend, Fred lived a life full of love, laughter, and dedication to his family and community.

Fred was preceded in death by his cherished parents, Wyatt and Isabel Harrington. He is survived by his devoted wife of 50 years, Terri Harrington, with whom he shared a lifelong bond as childhood sweethearts living just down the street from one another. Their enduring love was an inspiration to all who knew them.

Together, Fred and Terri were blessed with three children: Drew Harrington (Nikki), Devin Harrington, and Allie Barnes (Jordan). He was a proud and loving grandfather to Layla Harrington, Lily Harrington, Kennedy Barnes, Raelynn Harrington, Braydyn Harrington, Allyssa Hooks, and T.J. Caldwell. He is also survived by his brother, Eddie Harrington; his mother and father-in-law, Lois and Tom Easter, Sr.; his sister-in-law, Robin Hawthorne (Rodney); his brothers-in-laws, Jeff Easter and Tom Easter Jr.; and numerous nieces and nephews.

Fred dedicated many years to Starr's Mill High School, where he served as a Security Attendant for the past seven years. However, his involvement with the school began in 1997, as he and Terri actively participated in various activities when their children and two of their grandchildren, attended the school. Known affectionately as "Papa Fred" by the students, Fred always had

a treat in his pocket for both kids and dogs, embodying a spirit of warmth and kindness that touched everyone he met.

A man of humor and joy, Fred was always smiling, spreading positivity wherever he went. He adored his role as a husband, father and grandfather, cherishing every moment spent with his family. He loved with all his heart, and his presence will be profoundly missed by all who had the privilege of knowing him.

Beyond his devotion to his family, Fred found joy in gardening, a pastime that he got from his dad, allowing him to nurture beauty and life in the world around him. His love for life and everyone in it was evident in everything he did.

Services celebrating the life of James Fred Harrington will be held on Saturday, November 15, 2025, at 1:30 p.m. in the Chapel of Parrott Funeral Home, with Tom Easter, Jr. officiating. Family and friends are welcome to gather and pay their respects on the same day, beginning at 11:30 a.m. until the time of service at 1:30 p.m.

In lieu of flowers the family requests donations be made to St. Jude Children's Research Hospital, www.stjude.org.

Fred's legacy of love, humor, and kindness will live on in the hearts of those he left behind. He will forever be remembered for his unwavering spirit and the joy he brought into the lives of so many.

Previous Events

Visitation

NOV **15**. 11:30 AM - 1:30 PM (ET)

Parrott Funeral Home & Crematory
8355 Senoia Road
Fairburn, GA 30213
(770) 964-4800
info@parrottfuneralhome.com
<https://www.parrottfuneralhome.com/>

Memorial Service

NOV **15**. 1:30 PM.

Parrott Funeral Home Chapel

Tribute Wall



“ Parrott Funeral Home created a Webcast in memory of James "Fred" Harrington



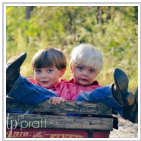
Parrott Funeral Home - November 15, 2025 at 08:40 AM



“ Parrott Funeral Home created a Tribute Video in memory of James "Fred" Harrington



Parrott Funeral Home - November 14, 2025 at 01:04 PM

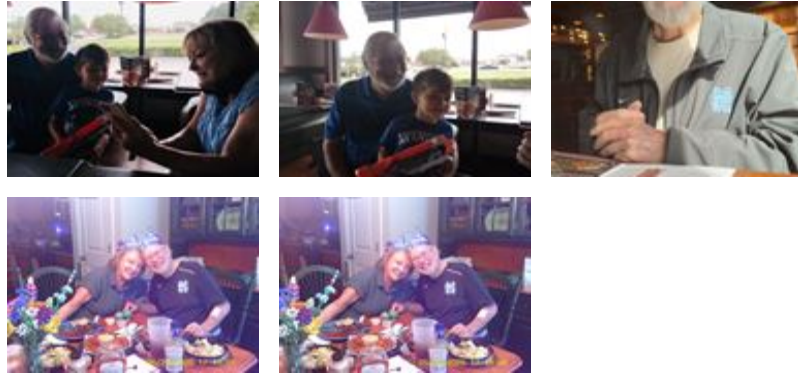


“ Terry and Family,
Fred was A kind, loving husband, Dad, and grandfather. I'm sorry for your loss. I will be praying for the entire family. I had intended to come today but A health showed up.
Prayer,
Jo Ann Wood

Jo Ann Wood - November 15, 2025 at 12:01 PM



“ 201 files added to the album LifeTributes



Parrott Funeral Home - November 14, 2025 at 12:00 PM



“ Gosh- I’m just heart broken to hear this. Although time has passed since I babysit your children our frequent run ins at Publix are regular! You always stopped to talk, catch up on my family and share what funny stories happened in your week. You always had one of those grandchildren with you and I think they knew you loved to talk...they would wait so patiently, but their body language was saying “here we go”, but with a smile, because they were well aware you know everyone! I could tell they adored you and I know Terri did! You brought light to so many, you were a big ole teddy bear and will be missed!

Erin Rawlins Price - November 13, 2025 at 09:58 PM



“ Simply Elegant Spathiphyllum was purchased for the family of James "Fred" Harrington.



November 13, 2025 at 07:13 AM

TF

“ *Tami and Alan Barron family purchased the Sentiments of Serenity Spray for the family of James "Fred" Harrington.*



Tami and Alan Barron family - November 13, 2025 at 04:51 AM

OC

“ *My thoughts are with you all at this time. I only get to meet Fred once and unfortunately, that was my son's funeral 2 years ago. My kids attended SMHS and I remember Vladamier always talking about how Fred would always give him a hard time about some stupid thing Vlad had gotten in trouble for when he showed up to school. They were always playing pranks on each other and telling jokes, but Fred always had his students backs; he was a person people could talk to and rely on. Both of my kids just love Fred to the core.*



RIP my friend. I know you and Vlad will be on the other side playing pranks and telling jokes.

*Olivia Cranford
Friend and Parking Security at FCHS*

Olivia Cranford - November 12, 2025 at 01:22 PM

TF

“ *The Cobb family purchased the Crystal Cross Bouquet for the family of James "Fred" Harrington.*



The Cobb family - November 12, 2025 at 11:17 AM

SB

“ Fred is one of the first people I met when arriving to Starr's Mill HS 24 years ago. He was so welcoming of the "new band guy" and we had fun & spirited conversations about our music selections.

Fred embodied the essence of the Starr's Mill culture. He always was supportive of football, band, and all of the activities we have here. He would always strike up a conversation with any student and was so encouraging to them. He definitely was one of the students' favorite people at Starr's Mill for almost 30 years. He was also a favorite among faculty, school leaders, community members, and anyone associated with Starr's Mill.

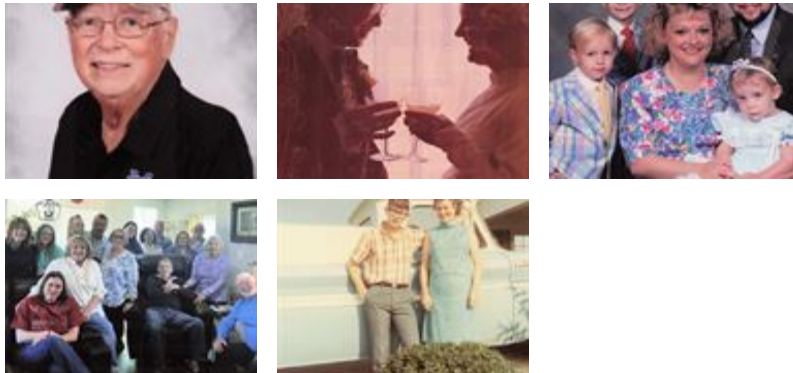
Starr's Mill will miss you Fred! Thank you for all you did to support everything we do. We will try to live up to your example and model so Starr's Mill continues to be one of the best schools & communities possible.

*Scott King
Director of Bands*

Scott King - Director of Bands - November 12, 2025 at 10:47 AM



“ 89 files added to the album Life Tributes



Parrott Funeral Home - November 12, 2025 at 10:40 AM

CR

“ *My prayers and heart are with the family and friends. Fred was a long time friend. I have such wonderful memories of us playing in the old neighborhood.*

Cathy Bowman Russell

Cathy Russell - November 11, 2025 at 09:58 PM

LA

“ *Love Always! purchased the Simply Elegant Spat hiphyllum for the family of James "Fred" Harrington.*



Love Always! - November 11, 2025 at 09:18 PM

BH

“ *Becky Harrington-Mikolaitis lit a candle in memory of James "Fred" Harrington*



Becky Harrington-Mikolaitis - November 11, 2025 at 05:43 PM